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# Wise Men's ring with candied lemon and white chocolate

by Guillermo Corral

Cut the ring into two and fill it with the whipped ganache. Decorate with the candied lemon.

#### Dough for the ring

Strong flour	1000g	45.58%
35% fat cream	100 g	4.56%
Gold dry yeast powder	50 g	2.28%
Salt	20 g	0.91%
Sugar	110 g	5.01%
Trehalose powder 39054	20 g	0.91%
82% fat butter	400 g	18.23%
Whole pasteurized egg	400 g	18.23%
Orange flower water 37945	70 g	3.19%
Powdered star anise	15 g	0.68%
Orange peel	6g	0.27%
Lemon peel	3g	0.14%

Mix all the ingredients together and leave the dough to rest in a block for 30 minutes, adjusting the texture by adding milk if necessary. Leave to rest again overnight. Next day, weigh and shape the pieces. Ferment for 2 to 3 hours at 30 °C and 85 % humidity.

#### Whipped white chocolate ganache

35 % fat cream (1)480 g	31.83%
White chocolate 33 %400 g	26.53%
Gelatine mass24g	1.59%
35 % fat cream (2)600 g	39.79%
Madagascar vanilla4g	0.27%

Heat the cream and pour over the white chocolate, the seeds from two vanilla pods, and the gelatine mass. Blend. Add the rest of the cream and leave overnight. Whip the following day.





### Panettone

by Guillermo Corral

Impasto mattina (morning dough) . 4800 g	50.42
White panettone glaze680 g	7.149
Impasto serale (night dough)2640 g	27.73
Pearl sugar 371131000 g	10.509
Icing sugar 38489400 g	4.209

Divide the dough into 500 g balls on a table greased with butter, and fold them 4 to 5 times to give the dough more strength. After 5 minutes, repeat the process and then roll them into perfect spherical shapes. Turn each ball over and press the bottom of it against the palm of your hand to give it a smooth base. Put into baking tins and ferment for 6 to 7 hours at 28 °C and 70% humidity. After they have fermented, leave the panettones in the fridge overnight at 4 °C. The following day, use a spatula to spread the glaze over the panettones and add a handful of pearl sugar. Sprinkle with icing sugar and bake for 25 minutes at 160 °C in a dry ventilated oven. The final temperature inside the panettones should be 92 °C. Insert panettone rods into the base of the panettones and turn them over. Leave on a trolley to cool. In this way, they will not collapse.

#### Impasto mattina (morning dough)

Impasto serale (night dough)3450 g	71.62%
Panettone flour480g	9.96%
Egg yolk240 g	4.98%
35% fat cream50g	1.04%
Sugar120 g	2.49 %
Honey25 g	0.52 %
Water240 g	4.98%
82 % fat cream180 g	3.74%
Salt30 g	0.62%
Powdered vanilla2g	0.04%

Mix the cream, sugar and vanilla and bring to the boil. This mix will be used later. Take the impasto serale out of the fermentation machine and put it in the dough machine. Add the flour and mix for 18 minutes until a glutinous dough is achieved. Add the egg yolk in two parts (preferably pasteurized egg yolk with no preservatives to contribute to fermentation) and continue to mix until well integrated. Add the water gradually, alternating it with the addition of the remaining ingredients (chocolate panettones will absorb approx. 1.5 L of water, and panettones with candied fruit will absorb approx. 1 L). Add the cream, sugar and vanilla mix to the dough and mix for a further 8 minutes. When the dough comes loose from the sides of the bowl and it is elastic in texture, pour the softened butter in and continue to mix until it is well integrated and the dough is elastic once again. At this point, more water can be added and there should be about 150 g left to add. Continue to mix it at a low speed until the dough opens up, some 8



to 10 minutes later. At this point, increase the speed and mix for 2 more minutes. This whole process should last for about 45 minutes, depending on the amount of dough and the machinery that is used. Add the chocolate, fruit or praline and continue mixing until it is well integrated for about 3 more minutes. At the end of the process, the dough should be about 23 °C. Divide the dough up and put it into 3 recipients greased with butter. Fold the dough several times to give it strength. Leave to rest for 30 minutes at room temperature.

#### Sourdough for panettone

Apple	120 g	19.35%
Water	500 g	80.65%
Strong flour	as needed	
Panettone flour	as needed	

Wash the apple well and cut into irregular pieces. Mix with the water and blend well. Cover with cling film and leave to ferment at room temperature for 3 to 4 days. Once it has fermented, sieve to remove the fibre, and mix the water with the bread flour to obtain a smooth uniform dough that can be kneaded on a surface without flour, without it sticking to your hands. Leave on one side in a hermetic container at room temperature. Revive daily with one part sourdough, one part flour and half a part of water. Knead well. To make panettone, the dough must be revived three times a day for three weeks prior to making it.

#### Impasto serale (night dough)

Sugar420 g	15.91 %
Water (1)240 g	9.09%
Egg yolk (1)300 g	11.36%
Sourdough for panettone480 g	18.18%
Panettone flour180g	6.82%
Egg yolk (2)240 g	9.09%
Water (2) 120 g	4.55%
82 % fat cream600 g	22.73%
Diced candied orange	
without syrup 4320260 g	2.37%

Mix the egg yolk (1), water, sugar and sourdough, cut into irregular pieces, in the dough machine. Mix at a low speed, but not for long, and then add the flour. Continue mixing for about 15 minutes until it is elastic in texture. Add the egg yolk (2) and continue mixing for a further 10 minutes. An elastic dough must be achieved, and the gluten network should be seen to develop. Add the water gradually in three or four parts until a very smooth dough is obtained. It should come unstuck from the sides of the dough machine by inertia. At this point, add the softened butter and continue to mix at a medium speed for a further 10 minutes. The mixing process should last for about 45 minutes. Add the candied orange and mix for a further 3 minutes. This amount of time might vary, depending on the amount of dough and the machinery that is used. Put in a plastic bowl greased with butter and smear a little



butter over the dough. Leave to rest for 10 minutes. Fold the dough several times to improve its strength and daub it with butter again. Ferment for 30 minutes at 28 °C and 70% humidity. Fold the dough again to give it strength, round it into a ball and leave it in the plastic bowl. Ferment for 16 hours, covered with cling film, at 28 °C and 70% humidity.

#### White panettone glaze

Water180 g	26.47%
Icing sugar 38489200 g	29.41 %
Marcona almond flour 37345200 g	29.41 %
Corn starch80g	11.76%
Albuwhip 3846120 g	2.94%

Mix all the ingredients in a bread mixer for two minutes at a medium speed until it is all well integrated.





### Galette des Rois

by Jean Sivieude

Inverse puff pastry Almond cream Candied fruit compact Egg wash Roll out the puff pastry to a thickness of 3 mm. Cut into 18 cm  $\varnothing$  circles. Cut the fruit compact using a 16 cm  $\varnothing$  ring. Pipe the almond cream into 16 cm  $\varnothing$  circles and freeze. Place the almond cream disc on top of the puff pastry. followed by the candied fruit disc. Put another puff pastry disc on top. Bind them together with water. Paint once with the egg yolk and egg mixture. Leave to rest overnight in the fridge. Use a scalpel to cut the edges of the cake to give it a neat appearance. Paint it a second time with the egg wash and make a striped design on the galette. Bake for 15 minutes at 200 °C and then at 170 °C for 30 minutes.

#### **Inverse puff pastry**

Strong flour (1)300 g	12.33%
Fat extra dry butter without salt1000g	41.08%
Strong flour (2)700 g	28.76%
Salt24g	0.99%
Water400 g	16.43%
Neutral acid10g	0.41 %

Mix the softened butter with the flour (1) to make a *beurre manié*. Spread out to the size of a 60x40 cm tray. Leave overnight in the fridge. Separately, mix the flour (2) and salt, and add the cold water with the acid. Mix quickly, without heating it or creating a glutinous dough. The dough must not be perfectly kneaded. Spread to dimensions of 30x40 cm. Leave to rest overnight in the fridge. The next day, cut the *beurre manié* into two 30x40 cm blocks. Place the dough between the two blocks of butter. Start to laminate it. Make a total of 5 folds, two double and one single. Leave it rest for 1 hour between each fold. Once all the folds have been completed, leave the dough to rest overnight in the fridge.



#### **Almond cream**

82 % fat butter100 g	9.76%
Almond flour 37345100 g	9.76%
Egg100g	9.76%
Sugar140 g	13.66%
Milk320 g	31.22%
Bitter almond paste 37514240 g	23.41 %
Natur Emul 388506g	0.59%
Gelcrem Hot 38673 17 g	1.66%
Salt2g	0.20%
Almond flour 37345150 g	30.30%
Cake flour25g	5.05%
Amber rum30 g	6.06%
Tahiti vanilla10 g	2.02%

Mix the sugar and butter well. Add the almond flour and mix again. Add the egg. Separately, mix the milk and the Gelcrem. Bring to the boil. Pour the Natur Emul and the salt (well mixed together) onto the paste. Mix it all in a food processor. Blend for 2 minutes at a medium speed. Leave the mix to rest for 1 hour in the fridge.

#### **Candied fruit compact**

Diced candied orange	
without syrup 43202100g 18.87	%
Diced candied lemon	
without syrup 44581100g 18.87	%
Diced candied citron 37162100g 18.87	%
Water100g 18.87	%
Maltodextrin 3877120g 3.77	%
Gelbinder 37873 10 g 1.89	%

Drain and dice the fruit into 0.5x0.5 cm cubes. Add the water. Separately, mix the Gelbinder with the maltodextrin in a bowl. Sprinkle gradually onto the fruit while stirring it with a spoon. Spread between two 0.5 cm-thick guitar sheets. Store in the fridge.

#### **Egg wash**

Egg yolk350 g	83.33%
35 % fat cream70 g	16.67%

Mix all the ingredients together unheated, without beating them.







## Pistachio and quince log cake

by Guillermo Corral

Gingerbread sponge120 g	18.75%
Freezeable meringue 180 g	28.13%
Quince gel80 g	12.50%
Pistachio ice cream250 g	39.06%
Cantonese pistachios 41457 10 g	1.56%

Fill the base of the log with the pistachio ice cream, inserting a 1.5 cm-diameter tube of dry meringue in the middle of it. Next, cover it with a layer of gel and finish it off with the sponge. Freeze well and remove from the cake mould. Round the log off by decorating it with the burnt meringue and pieces of Cantonese pistachio.

#### **Gingerbread sponge**

Potatowhip 44180 1	5 g	1.54%
Water33	0 g	33.85%
Sugar150	0 g	15.38%
Strong flour10	0 g	10.26%
Almond flour 3734530	0 g	30.77%
Trehalose powder 3905450	0 g	5.13 %
Gingerbread mix powderas need	ed	

Mix the water and the Potatowhip in a blender for 1 minute and then put it in a food processor to whip it. Once it is whipped, add the sugar, the trehalose with the flour, the almond flour, and the gingerbread mix powder, using a flexible spatula. Place in a 2 cm-high cake mould and bake at 200 °C for 9 minutes.

#### Freezeable meringue

Water (1)250 g	38.17%
Albuwhip 3846125 g	3.82%
Sugar200g	30.53%
Trehalose powder 39054100 g	15.27%
Water (2)80 g	12.21%

Mix the water (1) with the Albuwhip, and whip it. At a temperature of 118 °C, make a syrup with the water (2), sugar and trehalose. Pour onto the previous mix, and continue whipping until it cools.

#### **Quince gel**

Quinces500 g	49.21 %
Water500 g	49.21 %
Gelcrem Cold 3867416g	1.57%

Mix all the ingredients together and blend them well. Leave to rest for 30 minutes in the fridge and blend again until it has a smooth, creamy texture.



#### Pistachio ice cream

Milk600 g	59.70%
Powdered milk 1%40 g	3.98%
Sugar150 g	14.93%
Dextrose 39462	2.99%
Glucose powder 33 DE 3946430 g	2.99%
Pistachio paste 36863150 g	14.93%
Profiber 5 Stab 45116	0.50%

Mix the milk with the powdered milk and heat to 30 °C. Add the sugars and heat to 35 °C. Add the pistachio paste and heat to 45 °C. Add the Profiber 5 Stab and pasteurize at 85 °C. Strain and cool to 4 °C. Place in the fridge for 12 hours.







## Lemon and almond nougat

by Jean Sivieude

70% bitter chocolate80g	12.70%
Candied lemon filling400 g	63.49%
Almond and lemon paste150 a	23.81%

Line a mould with the previously tempered bitter chocolate. Leave to crystallize and fill the hollow chocolate with the candied fruit. Complete with the marzipan at 25 °C. Leave to crystallize and close the top with a thin coat of tempered bitter chocolate. Decorate with cocoa butter mixed with crystallized yellow food colouring.

#### **Candied lemon filling**

Sliced candied lemon	
without syrup 44582500g	75.76%
Lemon peel paste 39622150 g	22.73%
Concentrated natural	
lemon paste 37411 10 g	1.52 %

Blend all the ingredients together in a Thermomix at 45  $^{\circ}\text{C}$  for 5 minutes.

#### **Almond and lemon paste**

La Provence 70 % almond paste280 g	75.68%
Cocoa butter20 g	5.41 %
Lemon purée50 g	13.51 %
Grated mandarin peel20g	5.41%

Mix all the ingredients in a Thermomix with the melted cocoa butter and blend for 3 minutes at 37 °C.





## Peanut and caramel nougat

by Jean Sivieude

70 % bitter chocolate80 g	11.27%
Milk chocolate80 g	11.27 %
Peanut praline filling400 g	56.34%
Caramel filling150 g	21.13%

Line a mould with the previously tempered bitter chocolate and milk chocolate. Leave to crystallize and fill the hollow chocolate with the caramel. Complete with the praline at 25 °C. Leave to crystallize and close the top with a thin coat of tempered bitter chocolate.

#### **Peanut praline filling**

Roasted peanuts500 g	34.36%
Cantonese peanuts 39478150 g	10.31%
Sea salt5g	0.34%
40 % milk chocolate300 g	20.62%
Sugar500 g	34.36%

Caramelize the sugar at 180 °C. Pour onto the nuts and leave to cool. Blend the mixture to make a praline. Melt the chocolate at a temperature of 45 °C and mix it with the praline. Add the chopped Cantonese peanuts and cool to 25/26 °C. Use as needed.

#### **Caramel filling**

Trehalose powder 39054	600 g	32.50%
35% fat cream	667 g	36.13%
Milk	167 g	9.05%
Liquid glucose (2) 37305	167 g	9.05%
Tahiti vanilla	5g	0.27%
Salt	7g	0.38%
82% fat salt-free butter	33 g	12.62%

Heat the cream, milk, glucose (2), vanilla and salt to 90 °C. Heat the trehalose to 200 °C. Add the hot cream mixture to the trehalose and keep beating. Continue heating to 105 °C. Remove and cool to 70 °C. Add the butter and put the mixture in the fridge. When it is cold, take 300 g of the caramel and mix it with 37 g of milk. Pour the mix into a 14 cm ring and freeze.





## Orange and hazelnut nougat

by Jean Sivieude

70% bitter chocolate80g	11.27%
Milk chocolate80 g	11.27%
Candied orange filling400 g	56.34%
Hazelnut praline filling150 g	21.13%

Line a mould with the previously tempered bitter chocolate and milk chocolate. Leave to crystallize and fill the hollow chocolate with the candied fruit. Complete with the praline at 25 °C. Leave to crystallize and close the top with a thin coat of tempered bitter chocolate.

#### **Candied orange filling**

Sliced candied orange	
without syrup 43204500 g	75.76%
Orange peel paste 39763150 g	22.73%
Concentrated natural	
orange paste 3938710g	1.52 %

Blend all the ingredients together in a Thermomix at 45  $^{\circ}\text{C}$  for 5 minutes.

#### **Hazelnut praline filling**

Roasted hazelnuts 36938500 g	37.97%
Roasted almonds 36903150 g	11.39 %
Sea salt5g	0.38%
40 % milk chocolate150 g	11.39 %
Sugar500g	37.97 %
Wax Concept 39087 12 g	0.91%

Caramelize the sugar at 180 °C. Pour onto the nuts and leave to cool. Blend the mixture to make a praline. Melt the chocolate at a temperature of 45 °C and the Wax Concept at 60 °C, and mix with the praline. Cool to 25/26 °C. Use as needed.





## Pistachio and raspberry nougat

by Jean Sivieude

70% bitter chocolate80g	15.09%
Raspberry <i>pâte de fruit</i> 150 g	28.30%
Pistachio praline filling300 g	56.60%
Dried flower mix 38824 as	

Line a mould with the previously tempered bitter chocolate and milk chocolate. Leave to crystallize and fill with the blended  $p\hat{a}te$  de fruit. Complete with the praline at 25 °C. Leave to crystallize and close the top with a thin coat of tempered bitter chocolate. Decorate with dried flowers.

#### Raspberry pâte de fruit

Raspberry purée	750 g	48.64%
Sugar (1)	635 g	41.18%
Liquid glucose 37305	40 g	2.59%
Sugar (2)	75 g	4.86%
Jaune pectin 38894	15 g	0.97%
Citrus acid 37085	6g	0.39%
Water	6g	0.39%
Concentrated raspberry paste 37267	7 15 g	0.97%

Mix the sugar (2) with the pectin, and pour onto the raspberry purée at a temperature of 40 °C, stirring continuously. Bring to the boil. When it is boiling, add the sugar (1) in two or three amounts until it is properly dissolved. Heat to 105 °C. Add the acid solution and concentrated paste. Pour into a 1 cm-high cooking form and leave to set for 48 hours.

#### Pistachio praline filling

Roasted pistachios500 g	39.37%
Raw pistachios 44146150 g	11.81 %
Sea salt5g	0.39%
64% bitter chocolate100g	7.87 %
Sugar500g	39.37%
Wax Concept 39087	1.18 %

Caramelize the sugar at 180 °C. Pour onto the nuts and leave to cool. Blend the mixture to make a praline. Melt the chocolate at a temperature of 45 °C and the Wax Concept at 60 °C, and mix with the praline. Add the chopped pistachios and cool to 25/26 °C. Use as needed.





### Christmas "Escudella" (Pot-au-Feu)

by Guillermo Corral

#### Black chantarelle mushroom and truffle gelée......15g 5.98% Pot-au-feu broth ...... 150 g 59.76% Black butifarra crunch ...... 10 g 3.98% Medium-sized pasta shells......30 g 11.95% Carrots......10 g 3.98% Turnips .......10 g 3.98% Black chantarelle mushrooms......10g 3.98% 5.98% Salt ......1 g 0.40%

Cook the pasta for the required time and leave to cool. Fill with the black chantarelle mushroom and truffle gelée and leave to set. Cut the vegetables into 0.5x0.5 cm *brunoise* and scald for 20 seconds. Separately, sauté the black chantarelle mushrooms cut into thin strands. To plate the dish, sauté the vegetables with a dash of oil and salt, and place a crown of vegetables in the middle of the dish. Randomly arrange the filled pasta and alternating black *butifarra* crunch on top.

#### Black chantarelle mushroom and truffle gelée

Onion	150 g	7.64%
Olive oil	70 g	3.57%
Black chantarelle mushrooms	150 g	7.64%
Water	1500 g	76.41 %
Black truffle brisure	80 g	4.08%
Salt	10 g	0.51 %
Agar-agar powder 37872	3g	0.15%

Chop the onion and sauté for 10 minutes in oil on a medium heat. Add the black chantarelle mushrooms and sauté for 5 more minutes. Cover with water and reduce on a low heat until 500 g of liquid is left. Add the black truffle brisure when it is still hot and leave to infuse for 12 hours. Strain, mix with the agar-agar and bring to the boil. It will set at about 30  $^{\circ}$ C.

#### Pot-au-feu broth

Onion150 g	1.66%
Carrots120g	1.33%
Fennel150 g	1.66%
Leeks	1.66%
Cabbage500 g	5.53%
Pork bone1000g	11.07 %
Pork cheek500 g	5.53%
Pork belly500 g	5.53%
Chicken thighs400 g	4.43 %
Beef shank500 g	5.53%
Egg white60 g	0.66%
Water5000g	55.33%
Flaxfiber 42151	0.07%

Put all the meat into a cooking pot with the water and boil for 30 minutes. Add the vegetables and leave to cook for 3 hours on a very low heat until 2 litres of broth is left. Clarify the broth with the semi-whipped egg white and blend with Flaxfiber to thicken it.



#### Black butifarra crunch

Black butifarra sausage200 g	36.56%
Water300g	54.84%
Gelcrem Cold 3867425 g	4.57%
Procrunx 37639	3.66%
Salt	0.37%

Mix the black butifarra with the water. Then blend and strain it. Mix it with the remaining ingredients and blend again for a minute. Spread it onto a stencil mat with a 1.5 cm-diameter circle and dehydrate for 12 hours at 60 °C.





# European lobster with bisque balls, tomato and coriander

by Edu Azuaza

Tomato veil60 g	24.99%
_	6.25%
Bisque balls40 g	16.66%
Bisque-flavoured butter air 15 g	
European lobster 100 g	41.65%
Glasswort10g	4.16%
Dill 0.1 g	0.04%

Cut a tomato veil disc, and place it on the base of a plate like a handkerchief. Add three balls of different sizes, arranged randomly. Next trace a pattern with the coriander gel. Add the warm bisque-flavoured butter air and round it all off with a few shoots of glasswort and dill.

#### **Tomato veil**

Tomatoes1000 g	96.43%
Salt	0.68%
Vegetable Gelling Agent 3867830 g	2.89%

Chop the tomatoes and strain the liquid through a cheese-cloth. Mix the strained liquid from the tomatoes with the rest of the ingredients and heat to  $85\,^{\circ}$ C. Pour onto a 2 mm-high tray and leave to cool.

#### Coriander gel

Coriander 150 g	42.25%
Water200 g	56.34%
Salt3g	0.85%
Flaxfiber 421512g	0.56%

Scald the coriander for 10 seconds. Blend with the water and strain through a cheesecloth. Mix with the Flaxfiber and salt, and blend again.

#### **Bisque balls**

Prawn bisque250 g	97.28%
Alginate bath as needed	
Gluconolactat 386835g	1.95%
Flaxfiber 42151	0.78%

Mix the bisque with the Gluconolactat and the Flaxfiber and blend for one minute. Remove any air with the aid of a vacuum packer and proceed with the spherification technique.



#### **Prawn bisque**

Prawn heads300g	26.86%
Celery300g	26.86%
Fennel	13.43%
Culinary Journey concentrated tomato100 g	8.95%
Anise liqueur100g	8.95%
Olive oil80 g	7.16 %
Garlic20 g	1.79 %
Madras curry 409248g	0.72%
Freeze-dried coffee 385161g	0.09%
Liquid cream50g	4.48%
Salt8g	0.72%

Cut the vegetables and sauté in oil on a low heat for 15 minutes. Add the concentrated tomato and the anise liqueur and reduce until dry. Add the heads of the prawns and sauté for 5 more minutes, squashing them at the same time to get all the juice out of them. Cover with water and simmer for 40 minutes on a low heat. Strain and add the coffee, curry, cream and salt while the mixture is still hot. Cool and leave on one side.

#### **Alginate bath**

Water	1000g	99.50%
Alginat 38467	5g	0.50%

Mix the ingredients and blend for 5 minutes. Leave on one side.

#### Bisque-flavoured butter air

Prawn heads3	300g	19.28%
Celery3	300g	19.28%
Fennel1	150 g	9.64%
Culinary Journey		
concentrated tomato1	100g	6.43 %
Anise liqueur1	100g	6.43%
Olive oil	.80g	5.14%
Garlic	.20g	1.29%
Soy lecithin 38754	6 g	0.39%
82 % fat butter5	500g	32.13%

Cut the vegetables and sauté in oil on a low heat for 15 minutes. Add the concentrated tomato and the anise liqueur and reduce until dry. Add the heads of the prawns and sauté for 5 more minutes, squashing them at the same time to get all the juice out of them. Add the butter and infuse for 2 hours at 70 °C. Strain and decant to remove the fat. Add the lecithin and blend.





### **Beef Wellington**

by Guillermo Corral

Inverse puff pastry1000 g Porcini mushroom and	29.85%
truffle mousse450 g	13.43%
Meat stock200 g	5.97%
Cured Iberian ham200g	5.97%
Spinach250 g	7.46 %
Microgreens400 g	11.94%
Butter50g	1.49 %
Beef sirloin800g	23.88%
Saltas needed	
Pepper as needed	

Season the sirloin and sear in a saucepan on all sides. Place a layer of Iberian cured ham on the inverse puff pastry, followed by the spinach, and the porcini mushroom mousse in that order. Put the seared sirloin in the middle and roll it up into a Wellington shape. Leave to rest for a few hours in the fridge and cook at a temperature of 180 °C, with a probe in it, until the middle reaches a temperature of 48 °C. Leave to rest for 30 minutes before cutting. Sauté some microgreens in a knob of butter as a garnish. Serve with the hot sauce.

#### **Inverse puff pastry**

Strong flour (1)300 g	12.33%
Dry butter1000g	41.08%
Strong flour (2)700 g	28.76%
Salt	0.99%
Water400 g	16.43%
Neutral acid10g	0.41 %

Mix the softened butter with the flour (1) to make a beurre manié. Spread out to the size of a 60x40 cm tray. Leave overnight in the fridge. Separately, mix the flour and the salt, and add the cold water with the acid. Mix quickly, without heating it or creating a glutinous dough. The dough must not be perfectly kneaded. Spread to dimensions of 30x40 cm. Leave to rest overnight in the fridge. The next day, cut the beurre manié into two 30x40 cm blocks. Place the dough between the two blocks of butter. Start to laminate it. Make a total of 5 folds, two double and one single. Leave it rest for 1 hour between each fold. Once all the folds have been completed, leave the dough to rest overnight in the fridge.

#### Porcini mushroom and truffle mousse

Porcini mushrooms400 g	27.74%
Culinary Journey sautéed onion 120 g	8.32%
White wine300 g	20.80%
Chicken breast500 g	34.67%
35 % fat cream100 g	6.93%
Salt6g	0.42 %
Black pepper4g	0.28%
Albuwhip 3846110 g	0.69%
Black truffle flavouring 384132g	0.14%

Sauté the onion with the porcini mushrooms in a frying pan for 10 minutes. Add the white wine and reduce until dry. Once it has cooled, mix it with the remaining ingredients and blend well.



#### **Meat stock**

Culinary Journey beef stock100 g	14.16%	Mix the ingredients and blend. Heat and leave on one side.
Water600 g	84.99%	
Flaxfiber 421516g	0.85%	





## Coffee & chocolate passion

by Jean Sivieude

Passion fruit meringue	15 g	13.04%
Milk chocolate and hazelnut of	<b>crunch</b> 20 g	17.39%
Passion fruit sponge finger	15 g	13.04%
Passion fruit and Dulcey crém	<b>neux</b> 25 g	21.74%
Passion fruit foam	10 g	8.70%
Frozen coffee cream	20 g	17.39 %
Passion fruit gel	10 g	8.70%
Passion fruit seeds	as needed	

Put the crunch inside the meringue ring, at the bottom, followed by the sponge finger. Fill with the foam and place a ball of frozen cream on top. Cover with foam and smooth it. Put the passion fruit gel on top and decorate with a few passion fruit seeds.

#### **Passion fruit meringue**

Passion fruit purée120 g	39.22%
Albuwhip 38461 16g	5.23%
Sugar120 g	39.22%
Trehalose powder 3905450 g	16.34%

Mix the Albuwhip with the passion fruit purée, and whip it. Add the sugar and the trehalose in three parts, like a French meringue. Place on a baking mat, shaping it as required, and dehydrate at 50 °C for 6 hours.

#### Milk chocolate and hazelnut crunch

Italian hazelnut praline 37609 75 g	26.79%
Roasted hazelnut paste 3685475 g	26.79%
40% milk chocolate75 g	26.79%
Salt	1.79%
Cantonese hazelnuts 3785350 g	17.86%

Mix the chocolate, the paste and the praline and heat to 40 °C. Stir well until it has a uniform texture. Add the broken Cantonese hazelnuts and the salt, and mix again. Spread between two silicon mats, giving it a thickness of 2 mm, and leave to crystallize.



#### Passion fruit sponge finger

Passion fruit purée240 g	29.27%
Sugar160 g	19.51 %
Albuwhip 3846130 g	3.66%
Trehalose powder 3905440 g	4.88%
Egg yolk150 g	18.29%
Baking Powder Std 37117 10 g	1.22%
Cake flour150g	18.29%
Corn starch40g	4.88%
Icing sugar 38489 as needed	

Mix the purée with the Albuwhip using an electric handmixer. Whip it in a food processor at speed 3. Mix the sugars together and add them in three parts, as with a French meringue. Gradually pour the egg yolk into the meringue mixture and stir well. In a separate bowl, mix the remaining solids with the egg yolk and fold this into the meringue mixture until fully incorporated. On a baking tray covered in baking paper, stretch the mix into sponge finger shapes and bake at 180 °C for 6 minutes.

#### Passion fruit and Dulcey crémeux

Passion fruit purée750 g	68.49%
Natur Emul 388505g	0.46%
Sugar160 g	14.61 %
Valrhona Dulcey Blond Chocolate 35%140g	12.79%
Fruit pectin NH 3785010 g	0.91%
Hot Inulin 3946030 g	2.74%

Mix the sugar with the Inulin, Natur Emul and pectin. Leave on one side. Heat the purée to 40 °C and gradually add the previous mixture to it, stirring constantly. Bring to the boil. Remove from the heat and cool to 45 °C. Add the chocolate and emulsify with an electric mixer. Pour into moulds and leave them in the fridge for 6 hours so that the mixture crystallizes properly.

#### **Passion fruit foam**

Milk350 g	58.33%
Passion fruit purée200 g	33.33%
Proespuma Hot 3897350 g	8.33%

Blend all the ingredients, pour into a siphon loaded with two charges and use.

#### Frozen coffee cream

Milk370 g	36.35%
35% fat cream80g	7.86%
Espresso coffee220 g	21.61 %
Inverted sugar 3930915g	1.47 %
Powdered milk 1%65 g	6.39%
Dextrose powder 3722535 g	3.44%
Sugar	10.81%
Glucose powder 33 DE 37311120 g	11.79%
Procrema 5 Hot Bio 394103g	0.29%

Heat the liquids to 30 °C. Add the previously mixed solids and pasteurize. Leave to rest for 12 hours before churning. Churn. Keep at a temperature of -18 °C.



#### Passion fruit gel

Passion fruit purée225 g	73.77%
Simple syrup60 g	19.67%
Gelcrem Cold 3867420 a	6.56%

Mix all the ingredients in a blender for 3 minutes. Leave in the fridge for 30 minutes. When this time has passed, blend it again for 1 minute to get rid of any lumps so that it has a fine, shiny texture. Put in a piping bag and leave on one side.





### Rousquille biscuits

by Guillermo Corral

Vegan royal icing90 g	75%
<b>Sablé</b> 25g	20.83%
Aniseed 5a	A 17 %

Leave the sablé biscuits to cool and glaze them with the royal icing.

Decorate them with some aniseed.

#### Vegan royal icing

Substitute egg white10 g	16.13%
Lemon juice2g	3.23%
Icing sugar 3848950g	80.65%

Mix all the ingredients together and whip in a food processor.

#### Substitute egg white

Water930g	92.96%
Potatowhip Cold 4312430 g	3%
Gelcrem Cold 3867440g	4%
Konjac gum 386910.4g	0.04%

Mix all the ingredients together and blend them. Leave to dehydrate for 6 hours.

#### Sablé

Icing sugar 3848985 g	8.81 %
Trehalose powder 3905450 g	5.18 %
Pasteurized egg85g	8.81 %
Almond flour 3734540 g	4.15 %
82 % fat butter275 g	28.50%
Cake flour430 g	44.56%

Mix all the ingredients together and knead with the paddle. Once it is well mixed, spread the mixture between two silicon mats, giving it a thickness of 3 mm. Cut into the required shape and bake for 14 minutes at 160  $^{\circ}$ C.





### Pineapple, lemon and lemon verbena

by Guillermo Corral

Pineapple gel40 g	20.94%
Pain de Gênes60 g	31.41 %
Roasted spiced pineapple50 g	26.18%
<b>Lemon and lemon verbena sorbet</b> 35 g	18.32%
Pineapple Crispy Wet Proof 389445g	2.62%
Lemon verbena leaves1g	0.52%

Bathe the *pain de Gênes* in the roasted pineapple syrup and arrange on a dish. Next, add the pineapple gel and the diced roasted pineapple, mixed with the crispy. Round it all off with the sorbet and a few lemon verbena leaves.

#### Y Lemon verbena virgin colada

#### Pineapple gel

Pineapple purée400g	72.07%
Simple syrup100 g	18.02%
Lemon juice30 g	5.41 %
Gelcrem Cold 3867425 g	4.50%

Mix all the ingredients in a blender for 3 minutes. Leave in the fridge for 30 minutes. When this time has passed, blend it again for 1 minute to get rid of any lumps so that it has a fine, shiny texture. Put in a piping bag and leave on one side.

#### Pain de Gênes

Marzipan320 g	46.04%
Egg210g	
Sunflower oil	
Corn starch 90g	

Mix the marzipan with the egg until uniform. Add the oil bit by bit until a good emulsion is achieved. Lastly, add the sieved starch and pour into a mould. Bake for 35 minutes at 170  $^{\circ}$ C.

#### **Roasted spiced pineapple**

Pineapple600g	80%
Gingerbread mix powder 3844050 g	6.67%
Muscovado sugar100 g	13.33%

Make a papillote with the pineapple, the gingerbread mix powder and the Muscovado sugar, and bake for 40 minutes at 180  $^{\circ}$ C.



#### Lemon and lemon verbena sorbet

Water380 g	35.19%
Lemon juice380 g	35.19%
Sugar (1)	11.11 %
Glucose powder 33 DE 3946460 g	5.56%
Sugar (2)125 g	11.57%
Lemon verbena10g	0.93%
Profiber 5 Stab 451165g	0.46%

Pasteurize the mix as usual, except for the lemon juice. Put it in the ice-cream maker. Start to chill it. When it reaches 2-3 °C, pour the lemon juice in and finish making the ice cream.



#### Lemon verbena virgin colada

Pineapple purée150 g	43.15%
Lemon purée30g	8.63%
Water150 g	43.15%
Lemon verbena1g	0.29%
Sugar 15 g	4.32 %
Naturfoam 414060.6 g	0.17%
Pineapple Crispy Wet Proof 389441 g	0.29%

Mix all the ingredients in a cocktail mixer and shake well. Pour into a glass and decorate with the crispy and some lemon verbena leaves.





Ingredients to reimagine gastronomy

#### Sosa Ingredients

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